Agency Directory

US Based Services



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Legal Rights Guidance

Transgender Law Center

What they do: Transgender Law Center tracks state-by-state legal risk for trans people and offers a legal information helpline for people trying to understand their rights or decide whether they need to relocate.

Why to contact: Contact them when you need to understand the legal landscape of your current state, or the state you are considering moving to, before making a decision.

When to contact: Before making a relocation decision, or any time you need clarity on your legal protections where you live.

How to contact:
Website: **transgenderlawcenter.org** (their legal helpline request form is on the site)

National Center for Transgender Equality (NCTE)

What they do: NCTE tracks anti-trans legislation across the country and publishes plain-language guidance on what laws mean in practice.

Why to contact: Use NCTE when you want to understand pending or active legislation in a specific state, especially if traveling or moving domestically.

When to contact: When researching a state's current or upcoming legal climate.

How to contact:
Website: **transequality.org**

Lambda Legal Help Desk

What they do: Lambda Legal provides legal information to LGBTQ people, including information on discrimination, family law, and custody issues that can come up during a move.

Why to contact: Contact them if you have a specific legal question, especially around custody or parental rights, that could affect a relocation.

When to contact: When you have a concrete legal question, particularly involving family or custody law, before or during a move.

How to contact:
Website: **lambdalegal.org/help** (submit a Help Desk request through the site)

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ACLU State Affiliates

What they do: Each state has its own ACLU affiliate tracking that state's specific laws, court cases, and civil rights landscape.

Why to contact: Use the affiliate for the state you are leaving or the state you are headed to for the most localized legal picture available.

When to contact: When you need state-specific legal information rather than national-level guidance.

How to contact:
Website: **aclu.org/affiliates** (search by state)

Physical Relocation Help

Rainbow Railroad

What they do: Rainbow Railroad helps LGBTQ people relocate within the U.S. when facing danger tied to anti-LGBTQ state laws, including logistical support for the move itself.

Why to contact: Contact them when you need help physically getting from an unsafe state to a safer one and do not have another way to arrange it.

When to contact: As soon as you know a move is necessary and you need logistical support to make it happen.

How to contact:
Website: **rainbowrailroad.org** (request form on site)

Trans Continental Pipeline

What they do: A volunteer-run mutual aid network that relocates trans people from unsafe states to Colorado, including driving, fuel, and temporary lodging along the way.

Why to contact: Use this if you are moving to Colorado and need hands-on help with the physical move itself, such as transportation or a place to stay overnight during the trip.

When to contact: When you need direct, in-person support for the move and other options are unavailable. Confirm the network is currently active before relying on it.

How to contact:
Website: **https://tcpipeline.org/gethelp/**

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Financial Assistance for Moving

Rainbow Railroad

What they do: Beyond logistics, Rainbow Railroad provides direct grants to people relocating due to anti-LGBTQ persecution.

Why to contact: Use them if you need funding for the move itself, not just help arranging it.

When to contact: When cost is the main barrier to relocating.

How to contact:
Website: **rainbowrailroad.org** (request form on site)

Point Source Youth

What they do: Provides flexible, low-barrier cash assistance to LGBTQ youth facing housing instability, which can include relocation-related costs.

Why to contact: Contact them if you are a young person and need direct cash support rather than in-kind assistance.

When to contact: When you need flexible funds quickly and qualify as a young person facing housing instability.

How to contact:
Website: **pointsourceyouth.org**

Transgender Legal Defense & Education Fund (TLDEF)

What they do: TLDEF has small emergency financial assistance programs for trans people, which have at times covered relocation-related costs.

Why to contact: Use this if other funds are unavailable and you want to check whether an emergency fund is currently open.

When to contact: Check current program status before relying on this, since these funds open and close based on available funding.

How to contact:
Website: **transgenderlegal.org**

Local Mutual Aid / Community Fundraisers

What they do: Many local LGBTQ centers help organize or point to active mutual aid fundraisers for individuals who need to relocate.

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Why to contact: Use this as a fallback if formal funds are full, closed, or do not fit your situation.

When to contact: When formal financial assistance programs are not available or not enough.

How to contact: Find your nearest LGBTQ center at lgbtcenters.org and ask if they know of active local funds.

Housing

CenterLink

What they do: CenterLink maintains a directory of LGBTQ community centers across the country, many of which run their own housing referral programs.

Why to contact: Use CenterLink as a starting point to find local housing help wherever you land.

When to contact: As soon as you know your destination and want to find the nearest local center.

How to contact:
Website: **lgbtcenters.org** (searchable directory by location)

True Colors United

What they do: A national organization focused on LGBTQ youth homelessness, offering resources and referral information.

Why to contact: Use this if you are a young person, or supporting one, and need help finding housing resources.

When to contact: When searching for youth-specific housing support.

How to contact:
Website: **truecolorsunited.org**

SAGE

What they do: SAGE supports LGBTQ elders nationwide, including housing assistance and referrals through local affiliates.

Why to contact: Use this if you are an older LGBTQ adult needing housing support or referrals.

When to contact: When housing needs are tied to being an older adult.

How to contact:
- Phone: National LGBT Elder Hotline: 1-877-360-5428
- Website: **sageusa.org**

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The Trevor Project

What they do: A crisis support service for LGBTQ youththat also connects callers to housing resources when needed.

Why to contact: Contact them if you are a young person in crisis and also need housing support.

When to contact: Any time, including for urgent crisis support alongside a housing need.

How to contact:

- Phone: 1-866-488-7386 or text START to 678-678
- Website: **thetrevorproject.org**

Food

Feeding America

What they do: Feeding America runs a nationwide network of food banks and offers a locator tool to find food assistance near you.

Why to contact: Use this to find the nearest food bank or pantry wherever you are.

When to contact: Any time you need food assistance.

How to contact:
Website: **feedingamerica.org** (food bank locator by zip code)

Local LGBTQ Center Pantries

What they do: Many LGBTQ centers run their own food pantries or mutual aid distributions, in addition to general food banks.

Why to contact: Use this if you want food support in a specifically LGBTQ-friendly setting.

When to contact: When you want a local, queer-friendly food resource rather than a general food bank.

How to contact: Find your nearest center through CenterLink at **lgbtcenters.org**

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Medical / Gender-Affirming Care

Whitman-Walker Health (Washington, DC)

What they do: A community health center providing primary care and gender-affirming care, with a long history of LGBTQ-specific service.

Why to contact: Use this if you are in or near the DC area and need LGBTQ-affirming medical care.

When to contact: For ongoing or new gender-affirming or general medical care.

How to contact:

- Phone: (202) 745-7000
- Website: **whitman-walker.org**

Callen-Lorde Community Health Center (New York City)

What they do: A community health center specializing in LGBTQ care, including gender-affirming hormone therapy.

Why to contact: Use this if you are in or near NYC and need LGBTQ-affirming medical care.

When to contact: For ongoing or new gender-affirming or general medical care.

How to contact:

- Phone: (212) 271-7200
- Website: **callen-lorde.org**

Fenway Health (Boston)

What they do: A community health center providing LGBTQ-specific primary and gender-affirming care.

Why to contact: Use this if you are in or near Boston and need LGBTQ-affirming medical care.

When to contact: For ongoing or new gender-affirming or general medical care.

How to contact:
Phone: (617) 267-0900
Website: **fenwayhealth.org**

Howard Brown Health (Chicago)

What they do: A community health center offering LGBTQ-specific care, including gender-affirming services.

Why to contact: Use this if you are in or near Chicago and need LGBTQ-affirming medical care.

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When to contact: For ongoing or new gender-affirming or general medical care.

How to contact:
- Phone: (773) 388-1600
- Website: **howardbrown.org**

Plume

What they do: A telehealth service focused on gender-affirming hormone therapy, available in many states.

Why to contact: Use this if you are not near one of the clinics above (DC, NYC, Boston, or Chicago areas) and need remote access to hormone therapy.

When to contact: When in-person LGBTQ-specific care is not accessible where you live.

How to contact:
Website: **getplume.co**

Planned Parenthood

What they do: A nationwide network of health centers. Many locations now offer gender-affirming care in addition to reproductive health services.

Why to contact: Use this as a fallback when a dedicated LGBTQ clinic is not nearby.

When to contact: When you need a nearby option and a specialized clinic is not accessible.

How to contact:
- Phone: 1-800-230-7526
- Website: **plannedparenthood.org** (location finder)

GLMA: Health Professionals Advancing LGBTQ Equality

What they do: Maintains a searchable directory of LGBTQ-friendly health care providers across the country.

Why to contact: Use this to find an LGBTQ-friendly provider in a specific area, especially after relocating.

When to contact: When settling into a new area and looking for a provider.

How to contact:
Website: **glma.org** (provider directory)

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Job Services

Out & Equal Workplace Advocates

What they do: A national organization focused on LGBTQ workplace equity, offering career resources and connections to LGBTQ-friendly employers.

Why to contact: Use this when job searching and wanting to prioritize LGBTQ-friendly workplaces.

When to contact: When actively job searching or evaluating a workplace's inclusion policies.

How to contact:
Website: **outandequal.org**

Local LGBTQ Center Job Programs

What they do: Many LGBTQ centers run job readiness programs, resume help, and local employer connections.

Why to contact: Use this for hands-on, local job search support after relocating.

When to contact: When you need local, in-person job search support.

How to contact: Find your nearest center through CenterLink at **lgbtcenters.org**

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for more information visit **lgbtqfar.org**
or email us at **info@lgbtqfar.org**

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